

STEEL VALLEY YOUTH BASEBALL



LOVE TO PLAY BASEBALL?

SV YOUTH WINTER BASEBALL CONDITIONING IS HERE!

This is a **FREE** program for all boys/girls who played or will play SV youth baseball this summer.

Work with our coaches to concentrate on:

Speed and Agility

Base running form - footwork -
core and leg strength (older age groups)

Throwing

proper arm mechanics - outfielding -
infielding - pitching and catching

Hitting

Bat speed - hand-eye coordination - timing

Fielding

Footwork - soft hand picks - glove to hand transfers

SVHS - Middle School Gymnasium in progress now!

Feel free to join anytime - no registration necessary

11-12 year olds practice on Tuesdays 6:30 - 8pm - with Coach Mike Dugan and team

9-10 year olds practice on Wednesdays 7 - 8:30pm - with Coach Chris Phares and team

5-6-7-8 year olds practice on Thursdays 7 - 8:30pm - with Coach Andy Tenney & Coach Steve Moser and team

IF SVHS/MS IS CLOSED, THERE WILL BE NO BASEBALL THAT EVENING.

If your child is new to baseball and had not participated in the 2015 seasons, please be sure to fill out a medical form prior to their first practice.

If your son/daughter participated in 2015, we will retain your information for winter conditioning.

Forms will be available at the gym during conditioning or on our website - www.steelvalleybaseball.org.

Players will need to wear gym-appropriate clothing and bring their glove, bat and batting helmet.



Hey Kids!
Join SV Youth Baseball
and play for the Mets,
Pirates, Royals, Yankees
& many more MLB teams!

**SV Youth Baseball teams will represent
 some of the best in major league baseball**

Spring Baseball Registration

sign up online starting Jan 29th!

look for details to come: www.steelvalleybaseball.org

Saturday - Feb 13 12-3pm @ Munhall Borough Building

Sunday - Feb 28 11am-3pm @ DICKS Sporting Goods - Waterfront

Saturday - March 5 12-3pm @ Munhall Borough Building

—LOWEST LEAGUE REGISTRATION FEES IN THE AREA!—

Instruction (5-6)....	\$65	Little League (11-12)....	\$85
T-Shirt (7-8)	\$75	Pony (13-14).....	\$95
Minor (9-10)	\$80	Colt (15-16).....	\$125

Players will be required to sell 10 \$2.00 raffle tickets (\$20 total) for chances to win \$500 total in Best Buy Gift Cards. Winners will be picked opening day. Tickets will be provided during registration and must be paid in full at time of registration. Please remember to add \$20 to registration check to cover ticket fees.

Please look for all updates, fundraising events, board information, and more on our website: www.SteelValleyBaseball.org

We are the Steel Valley Youth Baseball Organization.

We are your local baseball organization created to bring youth baseball to the boys and girls that reside or attend school in the communities in and around the Steel Valley. We are a tax-exempt organization, so your financial contributions are tax deductible.

It takes a village. In our case, a community.

We are a volunteer-run organization that depends on community support through volunteering and donations. All volunteers are screened and must pass PA state criminal, youth clearance checks, and sign a code of conduct decree. We volunteer our assistance with both league administration activities and game day execution. Just as it takes all kinds to make the world go 'round, we need all types of people to make our young league successful. So whether you are an office bound computer geek, or a hands-on, outdoor boots-on-the-ground type, or anywhere in between, we could use your help.

Open Positions

We are looking volunteers to fill the following positions:
 Board Members Managers Umpires (small field)
 Coaches Team Parents Field Maintenance

